



# LACTATION TENT GUIDE

## WHAT IS A LACTATION TENT AND WHY IS IT IMPORTANT?

- A lactation tent is a mobile space provided to the public that allows people to breastfeed, chestfeed or pump in private.
- Not everyone is comfortable lactating in the open, so providing a private space is important.
- This tent does not require the public to use it - people are allowed by law to breastfeed in public (MN Statute 145.905).
- Providing the lactation tent at your event shows your support of families. It might even draw more families to your event!
- This lactation tent is supported by the Minnesota Department of Health Statewide Health Improvement Partnership (SHIP).



## LACTATION TENT STANDARDS & RECOMMENDATIONS

- You must use all required items for setting up the lactation tent. See the lactation tent checklist on page 2 for more information.
- Please use the photos and installation manuals included with this guide to assist you in properly setting up the lactation tent.
- We strongly recommend checking the weather before your event if the lactation tent will be placed outdoors. If the wind is going to be 5 MPH or more, please consider moving the lactation tent to an indoor location if possible. If an indoor location is not available, please ensure the tent is secure using the sand bag weights and have someone near the tent at all times.
- We recommend placing the lactation tent next to a handwashing station and electrical outlet if possible.
- Please complete page 2 of this guide after your event to ensure you return all items and to notify us if any items are damaged or needing to be replaced. You can leave page 2 in the binder after you complete it.



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## LACTATION TENT CHECKLIST

Item	Check to make sure nothing is left behind after the event	Check the box if the item is damaged or needs to be replaced
Tent Frame (10' x 10') with rolling case (includes canopy and 4 walls)		
Sand Bag Weights for Tent (8)		
Nursing Nook Banners (2) & Hooks (6)		
Occupied/Available Sign		
Adult Rocking Lawn Chairs (2)		
Children's Lawn Chair		
Foldable Side Table		
Basket of Lactation Resources (Booklets, Flyers, Nursing Pads)		
Chalk Board Sign		
Chalk Markers & Chalk		
Small Folding Table for Diaper Station		
Changing Pad		
Disinfectant Wipes		
Battery Powered Fan, Remote & Extra Batteries		
Trash Can & Liners		
Hand Sanitizer		
Plastic Tote (to carry all smaller items)		
Small Circle Rug*		
Small Mirror*		
Colored Drapery/Greenery*		
Side Table Plant		
Power Strip & Extension Cord*		

Items marked with an asterisk (\*) are optional and are not required for set up of the lactation tent. However, they are recommended to make the space more inviting and comfortable.

The optional power strip and extension cord only need to be used if the lactation tent is able to be set up next to an electrical outlet. This will allow those with a pump to plug in their unit.

The optional colored drapery can be hung from the upper bars of the tent frame (see photos on page 6).



# LACTATION TENT GUIDE

## LACTATION TENT PHOTOS

Please use the following photos to assist you in setting up the tent.



Front of Tent



Side of Tent





# LACTATION TENT GUIDE

## LACTATION TENT PHOTOS

Please use the following photos to assist you in setting up the tent.



Inside of Tent



Inside of Tent





# LACTATION TENT GUIDE

## LACTATION TENT PHOTOS

Please use the following photos to assist you in setting up the tent.



Changing Table & Lactation Resources



Changing Table & Lactation Resources





# LACTATION TENT GUIDE

## LACTATION TENT PHOTOS

Please use the following photos to assist you in setting up the tent.



Optional Colored Drapery



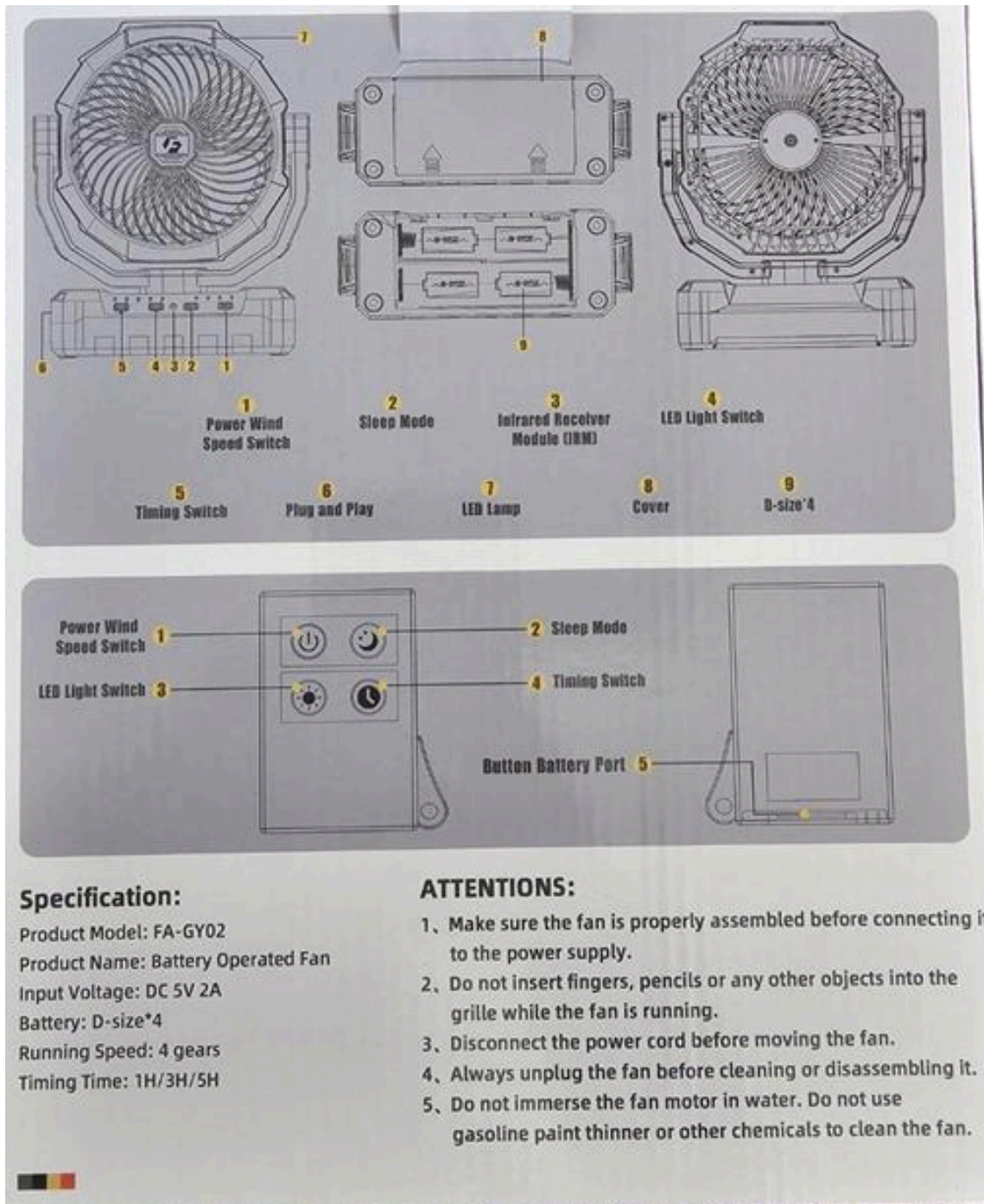
Optional Colored Drapery





# LACTATION TENT GUIDE

## BATTERY OPERATED FAN INSTRUCTIONS



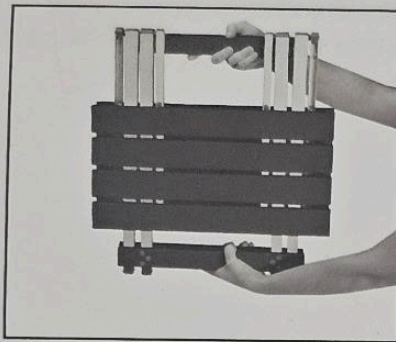


# LACTATION TENT GUIDE

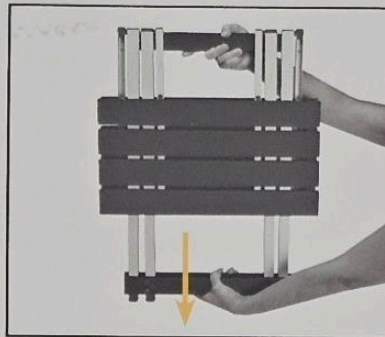
## FOLDABLE SIDE TABLE INSTRUCTIONS

### INSTRUCTIONS FOR USE

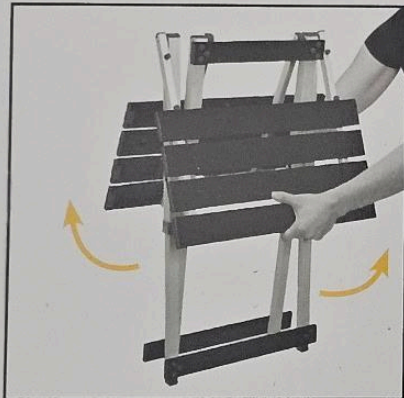
Supports 60 lb (27.2 kg)  
Open Size: 20 x 18 x 24 in (50.8 x 45.7 x 61 cm)



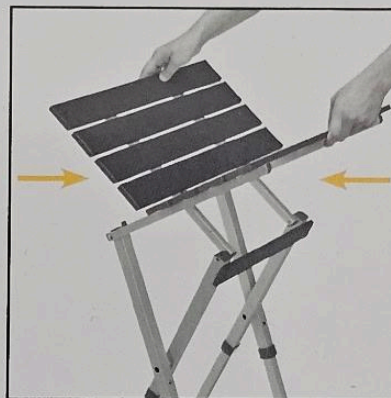
1. Place one hand on top of the folded table and one hand on bottom of legs.



2. Extend legs downward, making sure that all four buttons on telescoping legs engage button holes on table legs.

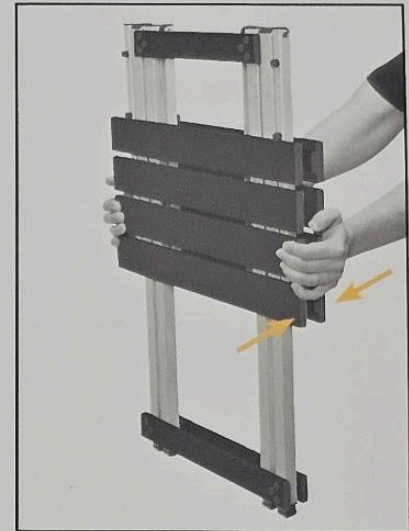


3. Rotate table tops upward.



4. Push table tops together. Make sure buttons are inserted correctly into holes on bottom of table slats to secure it in place.

### TIP FOR CLOSING



1. Utilizing the Squeeze Telescoping Technology™, squeeze the folded table top to compress leg buttons.

2. Rest the legs of the table on the ground or your knee, and while squeezing table top, push down to fully compress telescoping legs.