

Central Minnesota Alliance

2024 Adult Community Health Survey Highlights

Fall 2024

Thank You!

Thank you to the 893 people who completed the survey! We are extremely grateful for contributing your valuable time, your honest information, and your thoughtful comments. Your feedback will help us identify the strengths and opportunities within our community. Thank you, also, to the partners who helped share the survey opportunity with others. If you missed the opportunity to take the survey, we intend on offering another survey next year.

Survey Methodology Overview

The electronic Central Minnesota Adult Community Health Survey was conducted between August 14 through October 6, 2024.

Survey Instrument

For this 2024 survey, a number of changes were made. The survey was shortened and only offered as a convenience sample. Staff from each of the participating public health agencies and CentraCare developed the questions with technical assistance from the Minnesota Department of Health Center for Health Statistics.

The survey instrument was translated into Somali and Spanish and built in ArcGIS Survey123 by the Stearns County GIS Department, resulting in a link that could be shared electronically.

Survey Administration

The electronic link to the survey was distributed by public health staff in Benton, Sherburne, and Stearns Counties, CentraCare staff, and community partners via email, social media, newsletters, and websites. The opportunity to take the survey was shared in meetings at which staff attended. A distribution list was maintained. Paper copies of the survey were available for Central Minnesota Alliance staff to share; paper copies were completed and manually entered by staff into the electronic link. Survey resources were also available on CMA agency websites with links to paper copies of the survey, posters to share about the survey, and videos where the survey was being read in English, Spanish, and Somali. The survey was distributed to people who live, work, play, and engage with communities in Benton, Sherburne, and Stearns counties.



9 out of **10**

adult respondents indicated that their health is excellent, very good, or good.

Source: 2024 Central MN Adult Community Health Survey



1 out of **3**

adult respondents delayed medical care, with the primary reason being **cost** and **not thinking it was serious enough**.

Source: 2024 Central MN Adult Community Health Survey



SURVEY HIGHLIGHTS



1 out of **4**

adult respondents delayed mental health care with the top reasons being **cost, insurance, fear, nervousness, and not thinking it was serious enough**.

Source: 2024 Central MN Adult Community Health Survey



1 out of **4**

adult respondents are dissatisfied or very dissatisfied with access to health care services (medical, dental, or mental health services).

Source: 2024 Central MN Adult Community Health Survey



1 out of **4**

adult respondents delayed dental care with the primary reason being **cost**.

Source: 2024 Central MN Adult Community Health Survey





2 out of 5

adult respondents feel a **lack of companionship, left out, or isolated** often or some of the time.

Source: 2024 Central MN Adult Community Health Survey



1 out of 4

adult respondents are dissatisfied or very dissatisfied about how the community is handling **isolation and/or loneliness**.

Source: 2024 Central MN Adult Community Health Survey



1 out of 5

adult respondents indicated that in the last 12 months, they have worried that food would run out.

Source: 2024 Central MN Adult Community Health Survey



1 out of 10

adult respondents indicated that they have used a community food shelf program in the last 12 months.

Source: 2024 Central MN Adult Community Health Survey



2 out of 5

adult respondents are dissatisfied or very dissatisfied with how the community is dealing with the **lack of childcare and bullying**.

Source: 2024 Central MN Adult Community Health Survey



1 out of 3

adult respondents are dissatisfied or very dissatisfied with how the community is dealing with **affordable housing, depression among youth, depression among adults, distracted driving, families experiencing financial stress, and opioid/other drug use**.

Source: 2024 Central MN Adult Community Health Survey



Here is a comparison of how the survey respondents who live in Benton, Sherburne, and Stearns counties (approximately 800) look compared to the overall population of the three counties in 2020 (approximately 300,000).

Demographic	3-County Region According to 2020 US Census	3-County Region 2024 Adult Respondents
Male	50%	15%
Female	50%	85%
Straight/heterosexual	90%	95%
LGBTQ+	10%	5%
Age 18-34	30%	20%
Age 35-44	20%	20%
Age 45-54	15%	25%
Age 55-64	15%	20%
Age 65-74	10%	10%
Age 75+	10%	5%
White	85%	85%
BIPOC	15%	15%
High school/GED or less	30%	10%
Some college +	35%	35%
Bachelors	25%	30%
Graduate/professional	10%	25%
Income: <Less than 200%	10%	15%
Income: >200% or more	90%	70%
Blank		15%



These quantitative data do not tell the whole story. We look forward to discussing these data as they relate to your individual lived experience. If you would like to schedule a discussion, please contact:

Benton, publichealth@co.benton.mn.us

CentraCare, communityhealthimprovement@centracare.com

Sherburne, public.health@co.sherburne.mn.us

Stearns, healthforall@co.stearns.mn.us